

USING YOUR BENEFITS AT FARMERS MARKETS

For Individuals participating in SNAP:

- Visit markets accepting SNAP and visit the SNAP/welcome/info stand
- **Good Food Bucks:** for every \$1 spent, GAIN an extra \$1 for fresh fruits, vegetables, & herbs

Ex. Go to the SNAP Stand, say "I want to use \$15 in SNAP/EBT."
They'll give you \$15 of SNAP tokens and \$15 of Good Food Bucks!

For Individuals participating in WIC:

- Go to the local WIC Agency to receive \$30 PER ELIGIBLE participant in FMNP Vouchers

Ex. Breastfeeding mom with two children (aged 2-5) will receive \$90!
Vouchers can be used at participating farmers' markets!

For Seniors with low-income

- Go to a Voucher Distribution Site to receive \$50 PER ELIGIBLE Senior!
- Vouchers can be used at participating farmers markets.

SNAP

Eligible

- Fruits and Vegetables
- Meats, Fish, and Poultry
- Breads and Cereals
- Dairy Products
- Seeds and food-producing plants
- Non-alcoholic beverages
- Snack foods, candy, baked goods, crackers, and ice cream that are NOT single-serving



Ineligible

- Beer, wine, liquor, cigarettes, tobacco
- Any non-food items
- Pet foods
- Soaps, lotions, or paper products
- Household supplies
- Vitamins, Medicines, supplements
- Single-serve foods
- Hot and prepared foods



Good Food Bucks & Vouchers

Eligible

Fresh Fruits, Vegetables, & Herbs Only

Participating in WIC does not affect your ability to become a U.S. citizen or lawful permanent resident as receipt of WIC benefits does not make you a public charge.

[Click for more info.](#)