



# ARE YOU STRUGGLING TO SHOP FOR GROCERIES? WE CAN HELP!

## SIGN UP FOR THE SHOP & DROP PROGRAM!

Jewish Family Service of MetroWest NJ will pair you with a volunteer to shop for you on a weekly or biweekly basis.

## HOW DOES THE SHOP & DROP PROGRAM WORK?

Your volunteer will call for your grocery list and schedule a time to drop off your groceries. You can work with them on the store you prefer. Your volunteer will pay for your groceries at the store and you must reimburse them via check when they drop your groceries off.

**THIS PROGRAM IS FREE OF CHARGE.**

We accept clients from Essex County, Morris County, & surrounding areas. Clients must have the ability to reimburse the volunteer.

## FOR MORE INFORMATION OR TO SIGN UP

Contact Mei Lepowsky Moyer at 973-637-1762 or [mmoyer@jfsmetrowest.org](mailto:mmoyer@jfsmetrowest.org)

NOTE: If you use EBT, SNAP, or food stamps to pay for groceries, the volunteer can pick up your card prior to shopping for you and use it to pay with your permission.



The Center on Holocaust Survivor Care  
Institute on Aging and Trauma



This service is supported by a grant from The JFNA Center on Holocaust Survivor Care and Institute on Aging and Trauma.



# HELP A HOMEBOUND OLDER ADULT GET THEIR GROCERIES

## SIGN UP TO BE A SHOP & DROP VOLUNTEER!

Jewish Family Service of MetroWest NJ will pair you with an older adult client to shop for weekly or every other week.

### HOW DOES THE SHOP & DROP PROGRAM WORK?

Volunteers call the client directly to get the grocery list and then go shopping. Volunteers and clients will work together to determine timing and which store to shop at. Shopping can be done on evenings and weekends or during the work week.

We accept clients from Essex County, Morris County, and the surrounding areas.

Volunteers must complete a background check.

Time commitment is once a week or every other week but the schedule is flexible.

### FOR MORE INFORMATION OR TO SIGN UP

Contact Mei Lepowsky Moyer at 973-637-1762 or [mmoyer@jfsmetrowest.org](mailto:mmoyer@jfsmetrowest.org)



The Center on Holocaust Survivor Care  
Institute on Aging and Trauma



**Jewish Family Service**  
of MetroWest New Jersey

This service is supported by a grant from The JFNA Center on Holocaust Survivor Care and Institute on Aging and Trauma.