

THE DOPE
KONSCIOUS
DOULAS



JOIN THE DOPE KONSCIOUS DOULAS

ON JANUARY 15, 2025, 5PM-7PM
@ EO FAMILY SUCCESS CENTER
132 S. HARRISON ST., EAST ORANGE, NJ

FOR AN EXTRAORDINARY EVENT:

WHO'S HOLDING THE MAMAS?



MAMA (TO BE)
DO YOU HAVE
QUESTIONS?

LET'S CHAT ABOUT YOU AND YOUR...

- Nutrition
- Postpartum support
- Advocacy
- Emotional support
- Comfort Measures
- Reduction in bad birth experiences
- Birth plan / Postpartum plan



WE'RE NOT DOULAS TO HOLD THE BABY
WE'RE DOULAS TO HOLD YOU MAMA