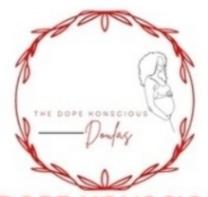
THE DOPE KONSCIOUS DOULAS



JOIN THE DOPE KONSCIOUS DOULAS

ON JANUARY 15, 2025, 5PM-7PM @ EO FAMILY SUCCESS CENTER 132 S. HARRISON ST., EAST ORANGE, NJ

FOR AN EXTRAORDINARY EVENT:

WHO'S HOLDING THE MAMAS?

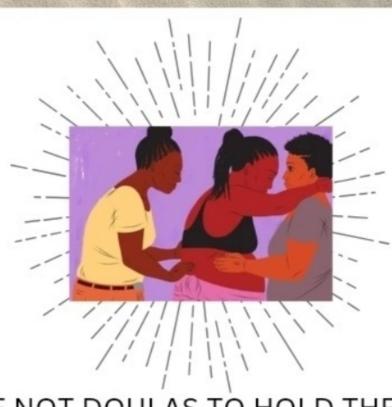


MAMA (TO BE) DO YOU HAVE QUESTIONS?

LET'S CHAT ABOUT YOU AND YOUR ..

- Nutrition
- Postpartum support
- Advocacy
- Emotional support
- Comfort Measures
- Reduction in bad birth experiences
- Birth plan / Postpartum plan





WE'RE NOT DOULAS TO HOLD THE BABY WE'RE DOULAS TO HOLD **YOU** MAMA