

ACTIVATING

STUDENT-LED NUTRITION ADVISORY COUNCILS



ABOUT US

The Coalition for Healthy Foods in Newark Schools is committed to building an equitable, nutritious, and student-centered school food system. We collaborate with schools, communities, and experts to provide meals that support student success. Our initiatives focus on improving dining experiences, promoting food education, and involving students in decision-making.

The Coalition for Healthy Food in Newark Schools is dedicated to supporting schools in boosting student advocacy and improving health outcomes. We're excited to help activate your Student-Led Nutritional Advisory Council (SNAC) and offer the following resources and support at no cost to ensure its success and sustainability:

OUR SUPPORT

BENEFITS OF ACTIVATING SNAC

- Empower Student Voices: Give students a platform to shape school nutrition policies and meal options.
- Promote Healthy Eating: Encourage healthier food choices to improve well-being, energy, and academic performance.
- Create a Positive School Environment: Foster a culture of wellness, inclusivity, and shared responsibility for healthy lifestyles.
- Develop Leadership Skills: Equip students with skills in leadership, teamwork, and communication that will benefit them for years to come.
- Collaborate with Administrators: Partner with school staff and local health organizations to enhance nutrition programs.

SNAC SUPPORT

- \$100 Monthly Stipend for the appointed co-facilitator.
- Covered Fees for the co-facilitator's background check (if required).
- Two Catered, Mandatory Facilitator Trainings on weekends beginning in January 2025.

SNAC Support (*continued*)

- T-Shirts for all student members.
- Ongoing Support through Basecamp, our virtual community platform for collaboration

PREFERRED ELEMENTS FOR A SUCCESSFUL SNAC

- Student Involvement: A diverse group of 5-10 dedicated members.
- Designated Facilitator: This could be a FoodCorp member, parent liaison, or trusted volunteer.
- Faculty/Staff Advisor: A teacher or staff member to guide and support the council.
- Clear Mission & Goals: A shared vision for improving school nutrition and wellness.
- Regular Meetings: Monthly sessions to brainstorm, gather input, and track progress.
- Support from Administration: Strong backing from school leadership to champion the council's initiatives.

